

# Jeroným Krištof, Student Activist Czech Republic, The Experiences of Czechian Youth with Online Pornography.

NCOSE 2021 Summit | Notes on the virtual session | clip (27 minutes)

22 July 2021

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- Jeroným Krištof is from Czech Republic (Central Europe) and is 19 year-old
- For his High School Final Thesis he decided to write on the negative effects that pornography has on adolescence & on society in general.
- He conducted an extensive survey with 437 adolescents in his region to learn about their attitudes and experiences surrounding pornography.
- He also conducted online workshops for the students in his school & interviewed another Czechian anti-pornography activist.
- He presents using the data he collected.
- His research confirmed the hypothesis that porn viewing is widespread among adolescents, Adolescents have little awareness of the risks associated with porn use, Adolescents have little awareness of the social problems associated with porn, Teens often come into contact with porn material on the internet without seeking it out themselves, Teens watched more porn during the covid-19 pandemic than before it.
- This 19 year old created a petition against illegal practices of Czech porn sites
  - (b) in the petition he summarises the facts, the signatory's demand that the content on the websites of WGCZ Holding, a.s., be checked and any objectionable content be withdrawn.
  - (c) Based on his petition, the investigative research of the Deník N began. He decided to do this petition because he saw what was happening with PornHub and the multiple cases of sexual exploitation against the company.
  - (d) His investigation that started due to his petition have caused more than 10 articles to be published to this day and have attracted interest from the Police of the Czech Republic.

## Goals & Methods of His research

1. **Survey:** To find out adolescent attitude & experiences towards pornography.
2. **Myths and stereo types:** find any myths associated with porn he used this in the workshop discussion.
3. **Workshop:** inform students about the problems associated with porn.
4. **Theory:** Describe the problems associated with today's porn. His source was the book "Your brain on Porn" & "Man's Disconnected"

## Results 1: of the questionnaire and hypothesis

1. Pornography viewing is widespread among adolescents.
  2. Adolescents have little awareness of the risks associated with porn use.
  3. Adolescents have little awareness of the social problems associated with porn.
  4. Teens often come into contact with porn material on the internet without seeking it out themselves.
  5. Teens watched more porn during the covid-19 pandemic than before it.
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1. **Pornography viewing is widespread among adolescents:** shows a graph recording the answers to a Question (How often did you watch porn in the last year 13-16 yo) results were that the majority watched porn in the last 12 months.  
The second group (17-20 yo) showed the amounts significantly increased to multiple times a week. Third group (aged 21 – 25yo) increased to even more time viewing porn with only 7.1 % that do not watch porn. This confirmed the hypothesis of porn viewing being widespread among adolescents.
  2. **Adolescents have little awareness of the risks associated with porn use.**

The question was asked to the 1<sup>st</sup> group (13-16 yo) (watching porn is normal and hurts no one) and the results were that 29,2% were neutral, 18,8% agreed, 17,4% said they mostly agree which amounts to 36,2 % who actually agree. 34.8% disagreed.

It increased with age (17-20yo) 58.8% agreed that porn is normal and hurts no one whilst 18.5% disagreed.

For those aged (21-25yo) 78% agreed that porn is normal and hurts no one whilst 10.1% disagreed.

**On the question of men watching porn suffer from induced sexual dysfunction (17-20yo) 43% agreed whilst 22% disagreed.**

Those aged 21-25yo | 43.4% agreed and 26.3% disagreed.

**On the question: I think porn affects my sexual expectation** | surprisingly in all groups, more than half agreed to this.

### **3. Adolescents have little awareness of the social problems associated with porn.**

On the statement, *Watching porn hurts relationships* 39% of those aged 13-16 years agreed whilst 25% disagreed, and 35.4 remained neutral.

For those aged 17-20 years, 26.3% agreed whilst 42.8% disagreed and 30.9% remained neutral.

For those 21-25 years | 53.5% disagreed while 21.1% agreed, and 25.3% was neutral.

All groups around 81% answered YES to the question on whether it is important to talk to teens about porn.

### **6. Teens often come into contact with porn material on the internet without seeking it out themselves.**

13-16 years | 78.5% answered Yes and 21.5% said No.

17-20 years | 79.9% said Yes, and 20.1% said No.

21-25 years | 64.6% said Yes, and 35.4% said No. | The reason for this Jeronym thinks is because they are already experienced with the internet, and can use the sites well, they know where and where not to go.

They said that mostly that porn appeared on websites where you find films and series. Other places were Reddit & Twitter.

The average age for all respondents having watched porn for the first time was 12.8 years old.

### **7. Teens watched more porn during the covid-19 pandemic than before it.**

This statement of watching porn more during pandemic of corona was only confirmed among the younger group of 13-16 years. He thinks this is because they were home and had more time on their hands with no responsibilities or duties. Their family members or parents were at work so they had privacy to watch.

- **Nepornu.cz** is an organisation in Czech Republic who (a) treats pornography addiction & raise awareness, (b) offer free e-coaching to pornography addicts (c) offer free online courses about problems associated with porn & excessive porn use (d) host pornoholic meetings for groups (e) work alongside specialists and therapists (f) translating books about porn to Czech language (the porn myth).
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